

Updated 11-16-2020

BASKETBALL CONSIDERATIONS

Each school should develop a plan with their local health officials to successfully complete the winter season. Below are considerations to include in your plan.

Special Considerations for the use of the following equipment:

- Basketballs
- Backboards and Rims
- Scorer's table
- Ball Bags
- Ball Cart(s)
- Individual Student Equipment / Personal Items
- Any item that is held or contacts the body (i.e. blocking shield/ dummies)
- Shooting, rebounding and/or passing machines
- Medicine Balls
- Water Bottles
- Gloves are permissible for all players, coaches and officials.
- Each team is responsible for its own towels, hand sanitizer and med kit

Special Considerations for the use of the following components of the facility:

- Sidelines/Team Bench
- Warm-up areas
- Ticket Booths
- Entry/Exit Gates
- Concessions
- PA Systems
- Bleachers
- Bathrooms
- Locker Rooms
- Weight Training Facilities
- Hydration stations

Practices – Screenings, face coverings and individual hygiene of all participants should be followed in accordance with WHSAA Smart Start Guidelines and the WHSAA Screening/Monitoring form should be utilized.

- Workouts/practices should be conducted in “pods” of participants with the same players working out together to limit overall exposure (post players, wings, guards, etc.). It is recommended that the “pods” stay with the same level of competitors when possible (ex. 9th, JV, Varsity, Middle School A & B Teams).
- When in a scrimmaging situation, keep the same groups of players together as much as possible.
- Detailed, timed practice plans should be utilized to assist in contact tracing should it be needed.
- Participants should maintain the recommended six feet of distancing between individuals.
- No sharing of equipment (except basketballs).
- Sanitizing of hands and equipment, as necessary.

- Encourage players to not lick their hands and then wipe their shoes.
- Face coverings are optional while participating but are **required** at all other times while in the building for everyone during practice (athletes and coaches).

Events – WHSAA Smart Start Guidelines must be utilized for all events.

- Regular season contests will be individual contests only. Each level will be allowed 18 contests.
- Teams may have more than one contest in a day but must keep teams separated to meet social distancing guidelines. Contests must be scheduled to allow for appropriate cleaning and sanitizing when new teams come to the facility. Only two teams per gym will be allowed.
- To limit bench personnel, no more than 12 players may be suited up.
- For contact tracing purposes, it is also recommended there be assigned seating for bench personnel.
- A designated seating area should be assigned for those participants, at each level, that are not suited up during the current contest.
- Teams should go directly to their end of the court for warm-ups. Social distancing from the opponent should always be maintained during the warm-up periods.
- Each team should bring their own warm-up balls. Host school could supply a cart for each team that has been sanitized.
- Each game and overtime will begin with a coin toss. One coach and one captain from each team will meet with the Referee and maintain social distancing. Pre-game instructions will also be given at this time. No handshakes will take place.
- No pre or post game handshakes will take place.
- At the end of the contest, each team will line up on the free throw line extended on their bench side. Announcement will be read, and teams will wave acknowledging a good game.
- Participants **must always** wear face coverings while in the building except when playing during the game.
- Coaches **must always** wear face coverings while in the building.
- All event workers **must always wear** face coverings while in the building. Gloves may be worn when appropriate.
- There should be **no team dinners** during the season to assist in limiting exposures.
- No pre or post game gatherings should take place to assist in limiting exposure. (i.e. Tailgating, BBQ's, etc.)

Post Season:

Quadrant play on Thursday of Regional Week. Cross quadrant play on Saturday of Regional Week.

State – 1A on Wednesday & Thursday, March 3 & 4, 2021

2A on Friday & Saturday, March 5 & 6, 2021

3A on Wednesday & Thursday, March 10 & 11, 2021

4A on Friday & Saturday, March 12 & 13, 2021



2020-21 Basketball Rules Considerations

In support of the Guidance for Opening Up High School Athletics and Activities, the NFHS Basketball Rules Committee offers this document as guidance on how state associations can consider modifications to the NFHS Basketball Rules Book. The modifications outlined in this document are meant to decrease potential exposure to respiratory droplets by encouraging social distancing, limiting participation in administrative tasks to essential personnel and allowing for appropriate protective equipment.

Officials Considerations:

- **Officials Uniform and Equipment**
 - Long-sleeved shirts are permissible.
 - Officials should not be required to wear jackets during pre-game court/player observation.
 - Electronic whistles are permissible (supplies are limited).
 - Choose a whistle whose tone will carry inside.
 - Check the market for choices
 - Cloth face coverings are permissible.
 - Gloves are permissible.

Other Considerations

- **Throw-in**
 - Official may stand 6 feet or greater away from player making the throw-in and bounce the ball to that player on a front court throw-in.
- **Free Throw Administration**
 - The lead official shall stand on the end line and bounce the ball to the free thrower.
- **Jump Ball**
 - To start the game and overtime period, a coin toss will be used to determine which team is awarded the ball. Alternating possession will be utilized the remainder of the game.