

NOVEMBER IS

# NATIONAL EPILEPSY AWARENESS MONTH

Epilepsy is more than just seizures.

Children and youth with epilepsy may have:

- [Problems with learning](#) and school performance affected by seizures, the [brain areas involved](#) and [side effects of medicines](#)
- Greater risks of [injuries](#), [suicide](#), and [early death](#)
- More problems with attention deficit disorder, [anxiety](#), and [depression](#)
- [Social problems](#) due to problems with social skills, isolation, mood, and behavior
- Problems feeling stigmatized and bullied by others

Learn how to stay safe. There is information for everyone!

<https://www.epilepsy.com/preparedness-safety/staying-safe>

Check out the link below, to read about *wellness* and *managing* epilepsy. There is information for everyone, including those with epilepsy, their loved ones, their teachers and friends.

[https://www.epilepsy.com/sites/default/files/atoms/files/Wellness%20and%20Epilepsy%20factsheet\\_0.pdf](https://www.epilepsy.com/sites/default/files/atoms/files/Wellness%20and%20Epilepsy%20factsheet_0.pdf)

If you want more information about epilepsy, check here->

<https://www.epilepsy.com/>

