

JANUARY 2018 EDITION
OSMOND *Elementary*

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January 2018

1/2/18

School Resumes

1/9/18

*First Day of Winter
Dry Creek Academy*

1/11/18

PTC meeting - 10:00 a.m.

1/15/18

*Martin Luther King Day
School will be held*

1/16, 1/17, 1/23 & 1/24

*Hunter Safety 6-9 p.m.
For information call Logan
Hedges @ 307-887-2929*

1/19/18

No School

1/23/18

*Spelling Bee 9:30 a.m.
at the district office*

1/24/18 & 1/30/18

4th Grade Ski Trips

1/26/18

No School

1/31/15

*6th grade district level
finalist spelling bee 9:30
at the district office*

2/5 & 2/7/18

5th grade Ski Trips

2/12 & 2/14/18

6th grade Ski Trips

Ski Trips – Dates Announced

It's finally time for our much awaited ski trips! Dates have been confirmed, busing arranged, and forms created. All students will need a signed liability waiver and any students renting will need to fill out Pine Creek's rental agreement. These forms and additional information will be sent home with your student at least a week before their trip. We ask your help with completing and returning your child's forms as soon as possible. When renting you are asked your child's shoe size, height and weight. **This information is critical for setting bindings.** Please enter it as you know this information a little better than I.

Winter Dry Creek Academy

We are excited to offer the following Dry Creek Academy clubs:

Tuesday; Archery, Arts & Crafts, Loom Knitting, Geography Bee Prep, Cake Decorating, Cross Stitch, WBC,

Wednesday; Arts & Crafts, Loom knitting, Geography Bee Prep, Cake Decorating, iPad Movies, WBC, & Jump Rope.

Dry Creek Academy will begin on January 9th and end on February 7th, 2018. Clubs will be held immediately after school and dismiss at 3:25 p.m. Buses will then take the students to the high school to catch their regular route bus.

Health Reminder

Flu Season is upon us! Common symptoms of the flu include fever, cough and/or sore throat, body aches, chills, fatigue, and nausea. If your child contracts the flu, please keep them home until all symptoms are gone.

It's New Year's Resolution Time! Setting healthy resolutions with children:

1. During a family meal, talk about how doing healthy activities keeps our body feeling great and growing strong.
2. Encourage your child to talk about their ideas about being healthy.
3. Set a family date and time when you will have "Healthy Goals Night" for the family.

The most important first steps to changing family habits is to keep it positive, start small, and include everyone in the discussion. Happy Goal Setting!!!



Social Skill
of the Month.

Talking with others

Step 1. Look at the Person.

Rationale:

Looking at the person shows that you are paying attention and shows the person that you want to talk.

Helpful hints:

- * Look at the person as you would a friend.
- * Look at the person's face; this will help you understand that person's mood.

Step 2. Use a pleasant voice.

Rationale:

People won't want to talk to someone who seems unpleasant, angry, or threatening.

Helpful hints:

- * Speak clearly.
- * Use short sentences that are easily understood.
- * Think before you speak.

Step 3. Ask questions.

Rationale:

Asking questions includes the other person in the conversation.

Helpful hints:

- * Avoid asking questions that can be answered with a "Yes" or a "No."
- * Ask the person about his or her opinions, likes and dislikes, and interests.
- * Listen intently.
- * Be prepared to answer questions the person might ask you.

Step 4. Don't interrupt.

Rationale:

Interrupting shows you don't care what the other person is saying.

Helpful hints:

- * Make sure the person is done speaking before you respond.
- * Maintain eye contact.
- * Maintain good posture; don't distract the other person by fidgeting.
- * Don't monopolize the conversation or jump from topic to topic.

