







Afton, Etna, Osmond, Thayne

October 2020

Lunch

Milk Variety Served Daily:
[View Milk Nutritionals](#)

Monday		Tuesday		Wednesday		Thursday		Friday	
						1 Ham and Cheese Ripper Diced Pears Green Salad Grape Tomatoes		2  No School	
5 Stuffed Crust Pizza Pineapple Chunks Cauliflower Green Salad Chocolate Chip Cookie		6 Country Fried Steak Whole Grain Bun Orange Fresh Broccoli Cucumber Slices		7 Crispy Chicken Patty Whole Grain Bun Cantaloupe Seasoned Waffle Fries Sweet Red Pepper Strips		8 Ham & Cheese Hoagie Applesauce Fresh Broccoli Baby Carrots		9 Southwest Chicken Flatbread Fresh Apple Slices Green Salad Black Beans	
12 Golden Chicken Bites Orange Seasoned Waffle Fries Fresh Broccoli		13 Mac & Cheese Whole Grain Roll Frozen Juice Cup Green Salad Grape Tomatoes		14 Baked Chicken Chimichanga Spanish Rice Fresh Apple Slices Cauliflower Baby Carrots		15  No School		16  No School	
19 Crispy Chicken Tenders Emoji Fries Fresh Pineapple Celery Sticks		20 Toasted Cheese Sandwich Fresh Apple Slices Fresh Broccoli Baby Carrots		21 Pepperoni Pizza Ripper Cantaloupe Green Salad Grape Tomatoes Chocolate Chip Cookie		22 BBQ Pork Rib Pattie Whole Grain Hoagie Bun Mixed Fruit Pork and Beans Fresh Cauliflower		23 Turkey & Cheese Sandwich Mandarin Oranges Cucumber Slices Baby Carrots	
26 Golden Popcorn Chicken Peaches French Fries Fresh Peas		27 Cheese Quesadilla Chicken Rice Pilaf Watermelon Wedge Fresh Broccoli Cauliflower		28 Mini Maple Pancakes Egg Patty Sausage Patty Fresh Apple Slices Hash Brown Wedge Celery Sticks		29 Ham and Cheese Ripper Diced Pears Green Salad Grape Tomatoes		30  No School HAPPY HALLOWEEN!	

