

Afton Elementary Newsletter

May 2023

Registration

Registration Giveaway! Our registration window for the '23/'24 school year is now open. If your child is registered at Afton Elementary for the '23/'24 school year before May 18th, they will get a free squishy! They will also be entered to win one of two scooters!

Kindergarten Registration

Kindergarten registration night for next fall's Kindergarteners will be Wednesday, May 3 from 5:00-7:00

Field Day/Color Fun Run

Field day and the Color Fun Run will be combined on May 25th. Signups will be made available the first week of May for 1/2 and full day support. Positions will included all levels of activity, there's something for everyone to do! All adult family members are encouraged to participate, please Contact Melinda if you need to order a Fun Run shirt! 307-226-0069

Honors Students

The following students have received their:

1st Honors: Taveta Major, Dallin Rivard, Kourtney
McClure, Emma Carter, Maddox Steed, Katelynn
Twiss, Maddox Clinger, Gannon Lewis, Bryce Draney,
Jaeli Allred, Scout Taylor, Shelby Fritz, Jendre
Hebdon, Scarlett Peterson, Jagger Lym, Ryleigh
Schwab, Kiara Martin

2nd Honors: Micheal Hunsaker, Stafford Sloan, Brityn Linford, Canon Trautvein, Kyson Bame, Eli Forsythe, Connor Pluhar, Aubri Clark, Kyson Bagley **3rd Honors:** Charles Hale, Collin Mackey, Kaylee Merritt

Congratulations to all of these students! They worked really hard to achieve this.

Coming Events

May 3.....Kindergarten
Registration 5-7 PM

May 9......PTO Meeting-8 AM

May 11....2nd Grade Field Trip Tautphaus Park

May 12.....No School

May 18.....Kindergarten End of Year Program 12:45

May 18.....Wy Reads Day

May 19.....No School

May 23.....1st Grade Field Trip - Bowling/Farm

May 23.....Kindergarten Field Trip

May 23......2nd Grade Play

May 24......1st Grade Program 12:45

May 25.....Field Day/Color Run

May 26......Last Day of School Early Release

Math Facts

Addition: Sweden Barnes, Aubri Clark, Mikki Finch, Yukon Hathaway, Ava Lancaster, Opal Lesuma, Emma Shields, Abby Skinner, Jonas Walker, Gracie Horsley, Dawson DeCora, Addie Summers, Molly Hale, Eva Clove, Zyla Bond, Ryker Dowling, Malakai Horrocks, Ali Robinson, Spencer Carroll, Koda Kennington, Norah Myers, Kaylee Call, Paisley Carlson, Micayla Palmer, Tagert Steed, Tycleigh Tingey, Tenacee Keehn, Draiden Walker, Findley Park, Declan Powers-Corsi, Jayce Lilly, Bronson Bento, Lane Kennington

Subtraction: Sweden Barnes, Aubri Clark, Mikki Finch, Yukon Hathaway, Ava Lancaster, Opal Lesuma, Emma Shields, Abby Skinner, Jonas Walker, Raegenn Williams, Weston Lorimer, Remmy Plowman, Eleanor Hale, LaNea Allred, Addie Linford, Challis Wilkes, Kaybree Russell, Myles Thompson, Spencer Grisamer, Tucker Hale, Zane Rose, Millie Graham, Gracie Horsley, Peter Baird, Grace Voss, Liam Burgess, Jaxon Parsons, Addison Crook, Dace Darlington, Eleanor Hale, Weston Lorimer, Addie Summers, Rosalie Esterholt, Beau Hansen, Austyn Roberts, Norah Myers, Paisley Carlson, Odin Izatt, Colton Merritt, McCoy Stevens, Hunter Bailey, Addison Crook, Sally Walker, Ridge Hyde, Cooper Johnson, Bryce Hansen Bronson Bento, Emery Laycock, Brilyn Long

Multiplication: Hendrix Barrett

Mixed Facts: Sweden Barnes, Aubri Clark, Mikki Finch, Yukon Hathaway, Ava Lancaster, Opal Lesuma, Emma Shields, Abby Skinner, Jonas Walker, Raegenn Williams, Addie Linford, Challis Wilkes, Tyric Putnam, Zane Rose, Gracie Horsley, Max England, Savannah O'Connor, Liam Burgess, Hyrum Hale, Jaxon Parsons, Addie Summers, Rosalie Esterholt, Norah Myers, Peter Baird Colton Merritt, McCoy Stevens Grace Voss, Reese Button, Traxton Putnam, Cooper Johnson, Nessa Anderson Addison Crook, Bryce Hansen, Ridge Hyde, Spencer Grisamer

Learning Update

Kindergarten - GOODBYE April, Hello May!

In math, we will continue working on operations, solving, and representing equations with number bonds, pictures, and manipulatives. These mathematicians have worked hard, and it shows! Their understanding of addition and subtraction is astounding!

For writing, we have been practicing telling others our opinion and giving reasons why we feel or think this way. We are stretching our writing brains by thinking of more than one reason. Whew! It's hard work but they are giving it their all!

In the reading realm, we will continue to work through the "red/orange/yellow books" and finish the last few weeks of Reading Mastery. We will keep working on building our sight word bank, reading & writing CVC words, and strengthening our phonemic awareness through daily auditory exercises. Watch out First Grade, here they come!

Our Terrific Tigers for April were...

Bucket Fillers: Emmy Day, Gabe Dowling, Andrew Hickey, Titan Worton, Ben Hirschi, Jaxon Moffat **Super Helper:** Ramona Perry, Ellie Smith, Justin Statham, JoJo Stoker, Rolando Miranda, Reese Hokanson **Tidy at Lunch:** Jeffery Page, Hannah Suter, Zayne Smith, Ben Dance, Eil Villarreal,

Hard Worker: Lily Rodgers, Vincent Hardesty, Niko Doulgerkis, Tydell Buxman, Miloh Curtis, Luke Johnson, Capri Rich

Best Friend: Creedence Kilroy, Steely Jacobson, Daniel Hickey, Kaleb Mclain, Bryce Allred

1st Grade - It's so hard to believe that it's May already! Where has the time gone? This month is action packed with academics as well as really fun activities planned. We will start off with district and building assessments the second week of May. District assessments will take place the 2nd week of May. Make sure your student gets good rest and eats a good breakfast on those days. The first grade Wyoming Reads celebration will be on Thursday the 18th. This will be a fun day where our students get a free book from the state and will have hands-on learning opportunities that go along with their free book. We will also enjoy a schoolwide color run, and have a fun field day. Thank you for sharing your sweet children with us! They have worked hard and will be so excited for summer! Our goal is that they will keep reading all summer long so second grade will be more successful! Have a great summer!

2nd Grade - In second grade we can't believe it is already MAY! This is the fastest year ever! With only four weeks left of school we have our days packed with fun and learning. Shar Perry has been a special guest in our classrooms the past few weeks to teach us all about plants. The kids are excited to try their hand at gardening this summer and to grow some of their

own food. Several of our classrooms are also hatching baby chicks. We are learning about their development day by day and are looking forward to the day they will hatch. On May 11th all of our classes will go to the zoo in Idaho Falls. Parents are invited to join us on this trip. In addition to this we will be performing a play called, OVER THE BRIDGE. Every child has a part and we are working hard learning songs and lines so you can attend our production on May 23rd. Thanks for sharing your wonderful children with us this year. It has been our so fun to work with them and watch them learn and grow. Remember to keep reading and practicing those math facts this summer!

3rd Grade - April is a big month for 3rd grade. All our WY-TOPP testing is completed in April. This year, the students did AMAZING! They gave us their best effort and worked really hard. We are super proud of each 3rd grader. To celebrate the students giving their best effort, they were able to go watch a movie at Skyview Theaters!! Now that WY-TOPP is over, we are ready to play! Some of the things we have planned for May include: making cars, airplanes, and rockets. We'll go visit Osmond Elementary and meet the 4th grade teachers. We'll have lunch at the park, learn more about our home during Star Valley Days, and hike to the Star! It has been an honor to teach your students this year. We love them and are excited to see where life takes them!

SIGNS AND SYMPTOMS OF ANAPHYLAXIS

Anaphylaxis (an-a-fi-LAK-sis) is a serious allergic reaction that comes on quickly and has the potential to become life-threatening. The most common anaphylactic reactions are to foods, venom, medications, and latex.

Anaphylaxis signs and symptoms that may occur alone (*) or in any combination after exposure to an allergen include:

MOUTH:

itching, tingling, swelling of the lips/tongue/palate (roof of the mouth)

*THROAT:

hoarseness, tightening of throat, difficulty swallowing, hacking cough, stridor (a loud, high-pitched sound when breathing in)

*LUNGS:

shortness of breath, wheezing, coughing, chest pain, tightness

GUT:

abdominal pain, nausea, vomiting, diarrhea

CNS/BRAIN:

anxiety, panic, sense of doom

EYES/NOSE:

runny nose, stuffy nose, sneezing, watery red eyes, itchy eyes, swollen eyes

SKIN:

hives or other rash, redness/flushing, itching, swelling

*CIRCULATION/HEART:

chest pain, low blood pressure, weak pulse, shock, pale blue color, dizziness or fainting, lethargy (lack of energy)

Consult with a board-certified allergist for an accurate diagnosis and management plan.

* IMMEDIATE & POTENTIAL

LIFE-THREATENING

SYMPTOMS

- Although the majority of individuals experiencing anaphylaxis have skin symptoms, some of the most severe cases have no rash, hives, swelling
- · EPINEPHRINE is the first-line of treatment for anaphylaxis
- Antihistamines, inhalers, & other treatments should only be used as <u>secondary</u> treatment
- ALWAYS CARRY TWO (2) epinephrine auto-injectors at all times
- When you, or someone you know, begin to experience symptoms, CALL 9-1-1 IMMEDIATELY!



Food Allergy & Anaphylaxis
Connection Team

AWARENESS • ADVOCACY • EDUCATION

www.FoodAllergyAwareness.org

(513) 342-1293

Fax (513) 342-1239 P.O. Box 511

P.O. BOX 511

West Chester, OH 45071 info@FoodAllergyAwareness.org

10 FAACTs about Food Allergies

- Food allergies affect **as many as 32 million** Americans, including 6 million children. Studies report that **1 in 13** children and up to **1 in 10** adults in the United States have a food allergy. For children, this averages to **two** children per classroom.
- A food allergy is an **immune system response** to a food that the body mistakenly believes is harmful.
- Eight foods account for 90% of all food allergy reactions: **Peanuts, Tree nuts, Milk, Egg, Wheat, Soy, Fish, & Shellfish**. However, almost any food can cause a reaction.
- There is **no cure** for food allergies and **strict avoidance** is the only way to prevent an allergic reaction.
- Trace amounts of an allergen can trigger an allergic reaction in some individuals.

 Past reactions to a food allergy do not predict future reactions! Someone can still have a life-threatening reaction to a food they are allergic to, even if they have never had a serious reaction before.
- Symptoms can **develop rapidly** after exposure to an allergen, often within minutes and usually within 30 minutes. However, it can take up to 2 hours for symptoms to occur after exposure to a food allergen.
- Anaphylaxis is a **serious allergic reaction** that comes on quickly and has the potential to become life-threatening. Anaphylaxis requires immediate medical treatment, including an injection of epinephrine and a visit to the emergency room.
- It is important to be deliberate and not hesitate when you have to use epinephrine.

 The device is **potentially life-saving**. A call to 9-1-1 and a trip to the emergency room should always follow epinephrine administration.
- Individuals at risk should carry **two epinephrine auto-injectable devices** with them at all times AND an **Allergy and Anaphylaxis Emergency Care Action Plan** signed by a board-certified allergist.
- Food allergies continue to rise and are a safety and public health concern across the United States. You can get free resources and find out how to help keep those with food allergies safe at:

FAACT
Food Allergy & Anaphylaxis
Connection Team
AWARENESS - ADVOCACY - EDICATION

| | Break | VED24004V |
|-----------------------------|----------|--|
| Afton, Etna, Osmond, Thayne | | VEDSGII |
| Afton, Etna, | May 2023 | \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\ |

| | Milk Variety Served Daily: View Milk Nutritionals | | | | |
|-----------|--|---|---|---|--|
| Friday | 5 Breakfast Pizza - Or- Cocoa Cherry Bar Yogurt - Served With- Mandarin Orange Cup Dried Cranberries | 12 | 19 | 26 Chocolate Chip Muffin -or- Or- Cocoa Cherry Bar String Cheese -Served With- Diced Pear Cup Dried Cranberries | his institution is an equal opportunity provider |
| Thursday | Yogurt Parfait -or Cinnamon Toasters Cereal String CheeseServed With- 100% Juice Variety Diced Peach Cup | Mini Apple Bites -oror- Cinnamon Toasters Cereal String CheeseServed With- 100% Juice Variety Orange Smiles | 18 French Toast Sticks -or- Cinnamon Toasters Cereal String CheeseServed With- 100% Juice Variety Strawberry Applesauce Cup | 25 Donut Holes -or- Cinnamon Toasters Cereal String CheeseServed With- 100% Juice Variety Mixed Fruit Cup | his institution is an eq |
| Wednesday | 3 Mini Strawberry Bagel -0r- Smore's Bar Yogurt -Served With Fresh Apple Slices Watermelon Raisels | 10 Blueberry Muffin -or- Cocoa Cherry Bar Yogurt -Served With- Fresh Apple Slices Watermelon Raisels | yogurt Parfait -or- Smore's Bar Yogurt -Served With- Fresh Apple Slices Watermelon Raisels | 24 Biscuit and Gravy -or- Smore's Bar Yogurt -Served With- Fresh Apple Slices Watermelon Raisels | 31 |
| Tuesday | 2 Egg & Cheese Muffin -or- Mateys Cereal String Cheese -Served With- 100% Juice Variety Pineapple Tidbits | 9 Ham & Egg Quesadilla -or- Nateys Cereal String Cheese -Served With- 100% Juice Variety Applesauce Cup | Je Pumpkin Bread Jor- Mateys Cereal String Cheese Served With- 100% Juice Variety Diced Pear Cup | vanilla Waffle or- or- Mateys Cereal String Cheese -Served With- 100% Juice Variety Tropical Fruit Cup | 30 e without notice |
| Monday | Apple Frudel -or- Cocoa Cherry Bar Yogurt -Served With Mandarin Orange Cup Dried Cranberries | 8 Banana Bread -or- Smore's Bar Yogurt -Served With- Diced Pear Cup Dried Cranberries | 15 Ham & Egg On Bagel Occa Cherry Bar Yogurt -Served With Mandarin Orange Cup Dried Cranberries | 22 Breakfast Pizza -or- Cocoa Cherry Bar Yogurt -Served With- Pineapple Tidbits Dried Cranberries | 30 Menus are subject to change without notice |

| Friday Mini Corn Dogs Diced Peaches Pork and Beans Baby Carrots Celery Sticks | 12 | 19 | Early Release No Lunch Served | Milk Variety Served Daily <u>:</u> View Milk Nutritionals |
|--|--|---|---|--|
| Thursday Cheese Pizza Watermelon Wedge Green Salad Grape Tomatoes Cucumber Sticks Chocolate Chip | Primo Pepperoni Plzza Diced Peaches Green Salad Grape Tomatoes Cucumber Sticks Black Beans | Spaghetti Sauce With Meat Spaghetti Pasta Warm Breadstick Diced Peaches Baby Carrots Green Peas | 25 Golden Chicken Boneless Wings Fresh Apple Slices Crinkle Cut Fries Mixed Vegetables | Milk Variet |
| Wednesday 3 Baked Chicken Chimichanga Strawberries Sweet Yellow Corn Fresh Broccoli Black Beans | 10 Debra's Sloppy Joe on a Bun Fresh Grapes Green Beans Fresh Cauliflower | 17 Oven Baked Cheese Tomato Soup Frozen Juice Cup Fresh Broccoli Fresh Cauliflower | Chili Diced Pears Baby Carrots Celery Sticks Cinnamon Roll | 31 % |
| Tuesday 2 Beefy Rotini Bake Warm Breadstick Diced Pears Fresh Cauliflower Baby Carrots | Crispy Chicken Tenders Applesauce Cup Emoji Fries Steamed Green Peas Chewy Chocolate Cookie | Beef Nachos Strawberries Refried Beans Green Salad Grape Tomatoes | Mac & Cheese Whole Grain Roll Strawberries Green Salad Grape Tomatoes Black Beans | |
| Monday 1 Cinn Glazed French Toast Egg Patty Sausage Patty Orange Smiles Hash Brown Wedges Power Punch Juice | Pork Steak Whole Grain Roll Fresh Pineapple Mashed Potatoes Country Gravy Baby Carrots | 15 Crispy Chicken on a Bun Fruit Cocktail California Blend Vegetables Cucumber Sticks | 22 Beef Steak Burger on a Bun Orange Smiles Seasoned Waffle Fries Fresh Cauliflower Lettuce | 29 |