



North Lincoln County RESOURCES QUICK REFERENCE SHEET

For more detailed information see our directory at: http://www.lcwy.org/community_resources/hrc/

UNWED/SINGLE MOTHERS		ELIGIBILITY
CHILD CARE SUBSIDY 886-9232	Program to assist in childcare costs. Must use qualifying childcare provider and be financially eligible. Applications are available at Department of Family Services.	INCOME BASED
CLIMB WYOMING 733-4088	Training for low income single mothers for employment and help finding job placement. Also teaches life skills, parenting skills, and offers counseling and support if needed.	Free for low income single mothers
KID CARE CHIP 1-855-329-5204	Low cost health coverage for children & teens in Wyoming. Covers ER visits, well child exams, immunizations, prescriptions, mental health services, dental, vision, labs and x-ray services. Must qualify financially. May see Public Health or Chrissy Jensen at SVMC for help with application.	INCOME BASED
LDS FAMILY SERVICES (208)-529-5276	Counseling services, unwed birth parent services. All denominations welcome	COST
LINCOLN COUNTY PUBLIC HEALTH 885-9598	Pregnancy testing; HIV/AIDS and hepatitis education and screening; prenatal, postnatal, and infant care education; breastfeeding education and breast pump rentals; reduced cost vaccines and immunizations; assistance with applications for Medicaid.	Free or low cost
PARENTS AS TEACHERS 885-7129	Monthly home visits provide parenting support and education, child development education, learning activities, and connections to community resources. For parents with children birth to kindergarten age.	FREE for Parents with kids birth to kindergarten
SASFA (STATE ADULT FINANCIAL AID) (307)-754-2245 ext 23	A cash assistance program for single parents who are attending college for their first degree or first vocational training program. Apply online at https://sites.google.com/a/wyo.gov/dfsweb/economic-assistance/power	Based on financial eligibility and need for single parents
STAR VALLEY MEDICAL CENTER 885-5800	Offers prenatal classes every quarter (4 times a year) teaching what to expect at delivery, pain and delivery options, feeding options and support, car seat safety etc.	NO COST
TURNING POINT 885-9491 (24 hr crisis line)	Crisis counseling and support for sexual assault, stalking, & family violence. Emergency shelter & transportation services. Nondiscriminatory against race, gender, or sexual orientation.	NO COST
TURNING POINT PREGNANCY RESOURCE CENTER (307)-733-5162	Located in Jackson, but will assist Star Valley residents. Offers counseling and education for unexpected pregnancies. Free pregnancy tests, ultrasounds, parenting classes, and support.	NO COST
WIC 885-9071	Provides healthy foods monthly for pregnant/breastfeeding mothers and children under age 5. Also provides nutrition education and breastfeeding support.	INCOME BASED
WYOMING MEDICAID 1-855-294-2127	Assists with health care services for pregnant women, families. Based on income, resources, and healthcare needs. Apply online at www.wesystem.wyo.gov or See Public Health or Chrissy Jensen at SVMC for help with an application.	INCOME BASED

EMOTIONAL HELP		ELIGIBILITY
AA (ALCOHOLICS ANONYMOUS) 884-1100	Open discussions and support in overcoming alcohol addictions.	NO COST
HIGH COUNTRY BEHAVIORAL HEALTH 885-9883	Individual, family, group, & couple counseling services; Emergency services; prevention, drug and alcohol/DUI classes. Will work with Medicaid, insurances and some Employee Assistance programs	Costs per sliding scale;
LCSD#2 COUNSELORS 885-7145	For those enrolled in LCSD#2 grades K-12, counseling services are available at each school through trained counselors and psychologists. For short term needs impacting school environment and achievement.	NO COST
LDS FAMILY SERVICES (208)-529-5276	Counseling services. All denominations welcome.	COST
STAR VALLEY VA CLINIC 886-5266	Helps to provide health care and mental health services for veterans. Visiting physician available.	Free for veterans
WYOMING QUIT TOBACCO PROGRAM 1-800-784-8669	Assistance and support to help individuals overcome addiction to tobacco. Will provide phone coaching to youth 12-17 without parental consent.	NO COST

EMPLOYMENT/EDUCATION		ELIGIBILITY
CLIMB WYOMING 733-4088	<i>Training for low income single mothers for employment and help finding job placement. Also teaches life skills, parenting skills, and offers counseling and support if needed.</i>	Free for low income single mothers
EXPERIENCE WORKS (307)-764-4198	<i>Senior Community Service Employment Program (SCSEP) provides job training for low-income, unemployed individuals that are 55 years and older.</i>	LOW INCOME AGE 55+
GEAR UP 248-2172	<i>Academic support, college preparation, and family services through WWCC for teens.</i>	FREE FOR GRADES 7-12
LINCOLN COUNTY SELF RELIANCE (LSR) 885-1577	<i>Adult day habilitation services, adult residential habilitation services, vocational-job coaching and job development services.</i>	Physical and/or developmental disabilities; Medicaid waiver or private pay
SASFA (STATE ADULT FINANCIAL AID) (307)-754-2245 ext 23	<i>A cash assistance program for single parents who are attending college for their first degree or first vocational training program. Apply online at https://sites.google.com/a/wyo.gov/dfsweb/economic-assistance/power</i>	Based on financial eligibility and need for single parents
WESTERN WYOMING COMMUNITY COLLEGE (WWCC) 886-9333	<i>English language services, Adult Basic Education, TABE testing, High School Equivalency Certification training (formerly GED). Help for US Citizen Test. Offices in Etna and Afton</i>	Some fees involved
WYOMING DEPARTMENT OF WORKFORCE SERVICES 886-9260	<i>Job services, resume help, Workforce Investment Act program, vocational rehabilitation, veterans' service and training, unemployment help, workforce development training grants.</i>	FREE for ages 14 on up

FAMILY/RELATIONSHIPS CONCERNS		ELIGIBILITY
DEPARTMENT OF FAMILY SERVICES 886-9232	<i>Child protective services, juvenile probation services, adult protection services, youth and family services.</i>	NO COST
HIGH COUNTRY BEHAVIORAL HEALTH 885-9883	<i>Individual, family, group, & couple counseling services; emergency services; prevention, drug and alcohol/DUI classes. Will work with Medicaid, insurances and some Employee Assistance programs.</i>	Costs per sliding scale;
LCSD#2 LOVE AND LOGIC 885-7137	<i>Classes offered annually from the school district that teach parenting skills and strategies. Offers a free meal and free babysitting the nights of classes.</i>	NO COST
LDS FAMILY SERVICES (208)-529-5276	<i>Counseling services. All denominations welcome.</i>	COST
LINCOLN COUNTY CRIME VICTIM/WITNESS PROGRAM 885-0164	<i>Help for witnesses/victims of crimes; help with court information and the judicial process; and assistance to receive compensation and/or resititution.</i>	NO COST
LINCOLN UINTA CHILD DEVELOPMENT ASSOCIATION (LUCDA) Afton 885-9286 Thayne 883-4116 Alpine 654-4116	<i>Provides early intervention services for children birth to 3 and preschool based services for children 3-5. Can assist with speech, physical, and occupational therapy for children.</i>	FREE for qualifying children birth -5yrs
PARENTS AS TEACHERS 885-7129	<i>Monthly home visits provide parenting support and education, child development education, learning activities, and connections to community resources. For parents with children birth to kindergarten age.</i>	FREE for Parents with kids birth to kindergarten
TURNING POINT 885-9491 (24 hr crisis line)	<i>Crisis counseling and support for sexual assault, stalking, and family violence; emergency shelter and transportation services. Nondiscriminatory against race, gender, or sexual orientation.</i>	NO COST

ELDERLY		ELIGIBILITY
BEYOND HOME 885-2263	<i>Assisted living. Limited residents. 24 hour supervision.</i>	COST
BURIAL PROGRAM - DFS 307-754-2245 EXT 23	<i>Assistance for burial/cremation expenses. Deceased must have been a Wyoming resident and eligible for Medicaid and does not have sufficient assets to provide for burial or cremation.</i>	Based on financial eligibility and need
LEGACY HOMES 883-3800	<i>Assisted living and adult day care. Limited residents. 24 hour supervision.</i>	COST
NORTH LINCOLN IN-HOME SERVICES 885-2021	<i>Medicaid waiver case management. To help place CNAs into homes for those who meet eligibility who are at high risk for placement into a nursing home or assisted living facilities. Provides Personal Emergency Response Systems.</i>	Eligible disabled adults and adults 60+
SALT RIVER SENIOR CENTER 885-3780	<i>Group meals and home delivered meals, activities, local transportation, trips to Idaho Falls and Jackson, in-home services. For those 60+.</i>	\$4 suggested donation for meals; age 60+
THAYNE SENIOR CENTER 883-2678	<i>Lunch meals M-F from 12pm-1pm for age 60+; Home delivered meals M-F (freezer meals available for weekends); Medical equipment loan closet (no cost); Transportation assistance.</i>	Small fees or suggested donation amount; ages 60+

MEDICAL		ELIGIBILITY
ACCESS HOME CARE & HOSPICE 885-7583	<i>In home care, skilled nursing; physical, occupational, and speech therapies; diabetes management; full-service hospice and palliative care.</i>	Covered by insurance
DISABLED AMERICAN VETERANS (DAV) 884-8341	<i>Provides transportation for medical appointments for veterans. Provides a shuttle from Afton Clinic to Salt Lake City VA Center.</i>	BE A VETERAN WITH MEDICAL NEEDS
KID CARE CHIP 1-855-329-5204	<i>Low cost health coverage for children & teens in Wyoming. Covers ER visits, well child exams, immunizations, prescriptions, mental health services, dental, vision, labs and xray services. Must qualify financially. Can see Public Health or Chrissy Jensen at SVMC for help with application.</i>	INCOME BASED
LINCOLN COUNTY PUBLIC HEALTH 885-9598	<i>Reduced cost vaccines and immunizations; diabetes education; pregnancy and postnatal support, breastfeeding assistance; Aids/HIV testing; assistance with applications for Medicaid and other health programs.</i>	Free or lost cost
LINCOLN COUNTY SELF RELIANCE (LSR) 885-1577	<i>Adult day habilitation services, adult residential habilitation services, vocational-job coaching, and job development services.</i>	Physical and/or developmental disabilities; Medicaid waiver or private pay
NORTH LINCOLN IN-HOME SERVICES 885-2021	<i>Medicaid waiver case management. To help place CNAs into homes for those who meet eligibility who are at high risk for placement into a nursing home or assisted living facilities. Provides Personal Emergency Response Systems.</i>	Eligible disabled adults and adults 60+
PREMIER HOME HEALTH 883-5500	<i>Home health services.</i>	COST
QUALITY CASE MANAGEMENT 248-8083	<i>Assistance with the disability and Medicaid waiver.</i>	NO COST
STAR VALLEY MEDICAL SUPPLY 885-0005	<i>Durable medical equipment, oxygen CPAP, and first aid supplies.</i>	COST
STAR VALLEY VA CLINIC 886-5266	<i>Helps to provide health care and mental health services for veterans. Visiting physician available.</i>	Veterans
THAYNE SENIOR CENTER 883-2678	<i>Medical equipment loan closet (no cost) and transportation assistance to doctors appointments.</i>	Small fees or suggested donation amount; ages 60+
VFW POST 4797 880-1128	<i>Veterans trips to veterans hospital in veterans van.</i>	Cost - Veterans
WYOMING INDEPENDENT LIVING SERVICES 1-800-266-3061	<i>Assists individuals with disabilities to find ways to live independently. ProjectOUT assists with transitioning or diverting from a nursing home. Consumer Directed Care program helps with the Medicaid Long Term Care Home and Community Based Services Waiver for individuals to find the help they need to live at home. Rural Transportation Voucher program helps reimburses transportation services. Independent Living Loan Closet has medical equipment to be loaned out on a short term basis.</i>	Eligibility requirements based on program
WYOMING MEDICAID 1-855-294-2127	<i>Assists with health care services for children, pregnant women, families with children, elderly, or disabled. Based on income, resources, and healthcare needs. Apply online at www.wesystem.wyo.gov or See Public Health or Chrissy Jensen at SVMC for application help.</i>	INCOME BASED

FINANCIAL CONCERN		ELIGIBILITY
AFTON FOOD BANK 885-9831	<i>Food for those in need. Limit one visit per month.</i>	NO COST
ALPINE FOOD BANK	<i>Food for those in need. Located in the Don Wooden Alpine Civic Center. Open Tues 9-10am and Thurs 6-7pm</i>	NO COST
THAYNE FOOD BANK 883-2668	<i>Food for those in need. Located in the Thayne Community Center</i>	NO COST
USDA COMMODITY FOODS	<i>Food for those in need. Truck comes 2nd Thursday of every month at 9am to the Salt River Senior Center in Afton.</i>	NO COST
BURIAL PROGRAM - DFS 307-754-2245 EXT 23	<i>Assistance for burial/cremation expenses. Deceased must have been a Wyoming resident and eligible for Medicaid and thdoes not have sufficient assests to provide for burial or cremation.</i>	Based on financial eligibilty and need
LCSD#2 FRIDAY FOOD BAG 887-9357	<i>Bags of food available for those children who would otherwise not have enough to eat over the weekend. Based on need only at the discretion of the elementary principals. For now the program is only available for children in grades K-8 in the upper valley.</i>	Based on financial eligibilty and need at discretion of school principals
KID CARE CHIP 1-855-329-5204	<i>Low cost health coverage for children & teens in Wyoming. covers ER visits, well child exams, immunizations, prescriptions, mental health services, dental, vision, labs and xray services. Must qualify financially. Can see Public Health or Chrissy Jensen at SVMC for help with application.</i>	INCOME BASED
LCSD#2 FREE/REDUCED MEALS 885-7137	<i>Provides free or reduced breakfast and lunches to children in financially qualifying families who are enrolled in grades K-12 in LSCD#2.</i>	Free or Low Cost
LINCOLN COUNTY PUBLIC HEALTH 885-9598	<i>Reduced cost vaccines and immunizations. Assistance with applications for Medicaid and other health programs.</i>	Free or lost cost
LIEAP (LOW INCOME ENERGY ASSISTANCE PROGRAM) 1-800-246-4221	<i>An energy assistance program through the State of Wyoming. One must apply and qualify. Applications can be picked up at Department of Family Services or at Lower Valley Energy.</i>	Based on financial eligibilty and need
LOWER VALLEY ENERGY OPERATION ROUND UP 885-3175	<i>Assistance with past due energy bills. Must go through application process and is based on need and eligibility.</i>	Based on financial eligibilty and need
NOWCAP (307)-347-6185	<i>Grants for those in the state of Wyoming who need financial assistance for various reasons (ie. home emergencies, medical bills, help paying rent or mortgage one month). Must go through application process and is based on need and income eligibility. Can only apply once a year. See Lincoln County Public Health for application or call number listed.</i>	Based on financial eligibilty and need
POWER (307)-754-2245 ext 23	<i>POWER (Personal Opportunities With Employment Responsibilites) is a time-limited pay-after-performance family assistance program for families with dependent children who are working to become self-sufficient through employment, child support and other resources. Apply online at https://sites.google.com/a/wyo.gov/dfsweb/economic-assistance/power</i>	Based on financial eligibilty and need
AMERICAN REDCROSS 1-307-222-8272	<i>Provides a small amount of monetary assistance for those who experience a house fire.</i>	Contact for eligibility
SNAP (Supplemental Nutrition Assistance Program)	<i>Formerly known as the food stamp program, SNAP helps provide food assistance to low income families. Can pick up application at the Department of Family Services.</i>	INCOME BASED
STAR VALLEY SAMARITANS 887-2814	<i>Local non-profit group whose mission is to help local families in their time of crisis. Helps sponsor Holiday Toy Drive, benefits, fundraisers etc.</i>	NO COST
TAP (TELEPHONE ASSISTANCE PROGRAM)	<i>Program to assist families in maintaining a phone, whether landline, cable or cell. Must be enrolled in SNAP, LIEAP, Medicaid or other social service program. Applications available at https://sites.google.com/a/wyo.gov/dfsweb/economic-assistance/tap and contact telephone company.</i>	Based on financial eligibilty and need
UW LINCOLN COUNTY EXTENSION OFFICE 885-3132	<i>Cent\$ible Nutrition program, Home Assist (First-time mortgage qualifying course), bankruptcy education, family finance education, canning classes.</i>	CONTACT FOR COST AND ELIGIBILITY DEPENDENT ON PROGRAM
WIC 885-9071	<i>Provides healthy foods monthly for pregnant/breastfeeding mothers and children under age 5. Also provides nutrition educatio and breastfeeding support.</i>	INCOME BASED